

July 2007

Outspoken

www.owensoundcycling.ca

The Official Newsletter of the Owen Sound Cycling Club

A black and white photograph of two cyclists riding on a paved path. The cyclist in the foreground is wearing a white jersey with 'OWEN SOUND CYCLING CLUB' and a bicycle logo, dark shorts, a helmet, and sunglasses. The cyclist behind him is also wearing a similar jersey and gear. They are both looking towards the camera. The background shows a line of trees and foliage.

**Rambling With
The Boys of Sauble**

It's Coming! It's Coming! It's Coming! It's Coming!

Don't call Trevor, Tom, Scott, Emil,
Tim, John, DeeJ or Jason...

Save this for your reference to Coming Events!

Jul 3, 6:30pm - Hill Climb + Pot Luck, Epping

Jul 5, 6:30pm - Short Course, Grey Roots

Jul 8, 10:30am - MTB Sawmill Trails, Hepworth

Jul 9, 6:00pm - Monday Rec. Ride, Williamsford

Jul 10, 6:30pm - 19k TT, Annan

Jul 12, 6:30pm - MTB Sawmill Trails, Hepworth

Jul 16, 6:00pm - Monday Rec. Ride, Owen Sound

Jul 17, 6:30pm - 15/30k TT, Walters Falls

Jul 19, 6:30pm - Short Course, Grey Roots

Jul 23, 6:00pm - Monday Rec. Ride, Williamsford

Jul 24, 6:30pm - 19k TT, Annan Aussie Pursuit

Jul 26, 6:30pm - Fast Group Ride, Annan North

Jul 29, 10:30am - MTB Sawmill Trails, Hepworth

Jul 29, 10:00am - Interclub, Oro Long Course

Jul 30, 6:00pm - Monday Rec. Ride, Owen Sound

Jul 31, 6:30pm - 21k TT, Kemble

Aug 2, 6:30pm - MTB Sawmill Trails, Hepworth

Aug 7, 6:30pm - 15k TT, Shallow Lake

Assistant to

The President

Unfortunately, Jason Rody is either on vacation, on leave of absence or is being hounded by Sun Times reporters and is not answering his phone. While Jason is incognito we have brought back our intern, Milo Leatherbutt, to post this column. For this week only, Milo has been given the title of Assistant to the President. Next week Milo will return to his regular duties of shining the executive bicycle saddles.

The Top Ten Bicycle Quotes

by Milo Leatherbutt

Well, again I have been asked to write something and there is no time to do it. I think I will have to resort to the internet to find something. Let's see... Cycling Quotes... This looks like just what I need.

Here are my top 10 bicycle quotes of all time. See if you agree.

This is not Disneyland, or Hollywood. I'll give you an example: I've read that I flew up the hills and mountains of France. But you don't fly up a hill. You struggle slowly and painfully up a hill, and maybe, if you work very hard, you get to the top ahead of everybody else. -Lance Armstrong

Don't buy upgrades; ride up grades. - Eddy Merckx

Learn to ride a bicycle. You will not regret it if you live. - Mark Twain

Nothing compares to the simple pleasure of a bike ride. - John F. Kennedy

The sound of a car door opening in front of you is similar to the sound of a gun being cocked. - Amy Webster

You never have the wind with you - either it is against you or you're having a good day. - Daniel Behrman, "The Man Who Loved Bicycles"

The eye of the hurricane is back in Lance, and the storm is aiming directly for the Ullrich trailer park. - Bob Roll

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I still feel that variable gears are only for people over forty-five. Isn't it better to triumph by the strenght of your muscles than by the artifice of a derailier? We are getting soft. As for me, give me a fixed gear! - Henri Desgrange

The bicycle is just as good company as most husbands and, when it gets old and shabby, a woman can dispose of it and get a new one without shocking the entire community. - Ann Strong

I came out for exercise, gentle exercise, and to notice the scenery and to botanise. And no sooner do I get on that accursed machine than off I go hammer and tongs; I never look to right or left, never notice a flower, never see a view - get hot, juicy, red - like a grilled chop. Get me on that machine and I have to go. I go scorching along the road, and cursing aloud at myself for doing it. - H.G. Wells, "The Wheels of Chance"

Trevor's Ramblings

by Trevor Stokes

Survey Results

Last month we asked you to fill out a survey on the future of the newsletter. Here is a summary of the results and other related statistics.

We have at least 108 members. There may be a few more forms still to process.

I sent the email announcing the June newsletter to 137 current and former members. In addition I sent it to about nine advertisers, friends and other Canadian and U.S. cycling clubs.

If I ignore duplicates and surveys completed by execs as part of the testing, we had 18 real responses. Every one of those planned to download the newsletter and said that we should continue to publish it. One member – even though

they planned to download it - stated that it took too long and that they didn't have time to read it.

By mid June the newsletter had been downloaded about 59 times. By comparison, the April newsletter was downloaded 99 times and May's edition 72 times. There is a definite peak of activity in the first few days after the newsletter is announced. Even after I "closed the polls" all three newsletters continue to be downloaded. The April newsletter was downloaded as recently as June 22. The survey was completed one last time on June 20th.

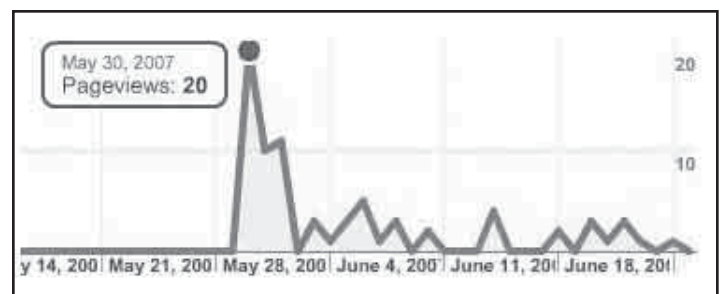
Anyone, anywhere can access our newsletter if they happen across our site. The June newsletter was downloaded from at least 13 cities – ranging from Timmins, Montreal, Pickering, Woodstock and Milton Keynes in the U.K. The majority however, were from Owen Sound, Port Elgin and the KW area. I have no way of knowing how many of these were OSCC members.

The Schedule and TT Results pages are the top favourites. Of course, they are revisited often, while a newsletter is downloaded at most once per member.

What conclusions can we draw from this?

Very few of you like filling out surveys!

For at least half of the readers, the newsletter is downloaded when we are well into the month and therefore the events calendar on the front page is not very meaningful.



No – it's not Alpe d'Huez. It's a graph of how often the June newsletter was downloaded.


Road Rash Cure

We've had a rash of occurrences where members are riding maybe too rashly and they fall and scrape their skin on the road and they get that injury called – geez, what do you call it?

Anyway, a few years ago I posted a link to a Road

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Rash cure. It's on the Links page of our club web site. It's been OK'd by a couple of medical professionals in the club and by others. It might be worth printing it off and getting the basic supplies in advance.

Letter Left of Centre

Survey Says...

by Tom Hakala

Last month Trevor introduced a survey to you the members which asked if this publication should continue in its present form or be retired to a pasture somewhere behind the bike fence in Scone. The results of the survey indicate that we should continue... with a few comments on format. Unfortunately, of the over 100 members in the OSCC only 23 were interested enough to complete the survey. So we still do not have an accurate read on what members really feel about continuing the newsletter.

So we, the editorial staff, have decided to continue doing the newsletter in the present form for at least the remainder of this season. We are also going to make a few minor changes to appease some of the comments that we received from the membership.

The comment was that the newsletter took too long to download. As you may have noticed one thing that I did differently this time was to use only black and white images. This was going to be my 'feeble' attempt to cut memory and therefore cut the size of the PDF that you receive. Well for reasons beyond my limited abilities, the size of the newsletter actually went up this month as compared to last month. No matter how I screamed and yelled at Acrobat Distiller (the program I use to make the PDF) it would not make a smaller PDF. I cut out all the pictures, I limited the type fonts to only two... but still no change.

So I am sorry to say, my computer has me beat. I give up! You will have to live with this big ass file. I am sorry, but next month I will get it corrected.

We will see how this goes over with you, the membership, and will most likely be bugging you at coming events to find out if you like the idea, if you noticed or if you don't really care. That input will help us decide if we should carry on with this publication or bury it next season.

Trevor is also going to glean the coming events column from the second page and place that as a separate item for those of you who are only interested in what is coming down the pipe.

Rambling with the Boys of Sauble

by Tom Hakala

Last year I heard through the grapevine that Emil's Keppel Ramble & Backroad Scramble was something I should not have missed. So now that I don't have to worry about working weekends I thought I better see what it was all about. My first thought was to do the short course as I am still having some back problems, but as the day drew near I was feeling pretty good so I thought why not do the whole enchilata. After starting off with Emil, John Cameron and Mike Hodgins I decided to snap a few photos and stopped to wait for whoever was coming next. Lucky for me it was DeeJ, John and Tim... the Sauble Boys. Tim yelled for DeeJ to hold up and wait for me and so I booted it to catch up. As we rode along the rail-trail I could hear the continuous banter between these three friends. Much of it seemed to be at the expense of DeeJ, who took it with his usual good nature along with a bit of his own ribbing directed toward the other two.

When we crossed the road that we were supposed to turn on, I shouted that I thought that was our



turn. By that time Tim was out of sight. So I left it to John to give Tim the word, **"TIM, STOP! TIM, TURN BACK!"** I guess Tim got the message because he did reappear. I said we better check the map and sure enough that was our turn. That seemed to be the story for the balance of the day, every intersection we came to someone yelled, "Tom check the map".

As we headed north the roads became narrower and wetter. Then we came to a spot where there was no choice but to go through the water. DeeJ went first and found it deeper then he had hoped and he ended up with a wet foot. The rest of us tried to carefully walk our bikes around on the thick clumps of grass along the edge of the big hole (which proved to be a shoe soaker as well). The steep hill down Skinner's Bluff was badly washed out from recent rains but I was rather proud of the fact that I made it down without stopping or falling on my hybrid (my luck ran out on that account later).

The Slough of Despond proved to be pretty wet as well, but by this point we did not care anymore and just charged through the puddles. As we were tooling along on the road below Kemble Mountain DeeJ yelled "Bear Ahead," and sure enough there was a big round bum of a good sized black bear heading into the underbrush. We all thought that was pretty cool.

On the return trip we hiked up the steep walk-up to get to the "Elk Farm Road" with a border collie and his family (who were also out for a Sunday bike ride). The first part of the Elk Farm Road was pretty messy. First DeeJ went through some deep muck and we all laughed... then I hit a real slippery piece of wet, gooey clay crap and zap, down I went, my whole side covered with a layer of thick wet clay. Then to top it off, later when I

was trying to make the turn back onto the rail-trail, I braked too hard, what turned out to be very loose gravel, and did a body roll into the tall grass. This time I picked up a strawberry on my arm and a nice open wound just below my knee. I haven't gone down like that since I put the tandem down in the bushes a few years back.

Battle scars aside, I had a great day of riding the long course (somewhere between 74.3 and 83 km. depending who's computer you believe) with three friends that made it a real blast. Tim was so enthusiastic about the ride that he came close to getting on his knees and begging Emil to do another one later in the season. This is the type of ride we did on a more regular basis a few years ago. Perhaps we should think about doing a few more.

Elmer the Safety Cyclist

I have always held a bit of disdain for those geeks that ride their bikes with the upsidedown handlebars along the sidewalks on 2nd Avenue East. Each intersection is clearly marked with a NO CYCLIST symbol and I have always thought, why don't these dorks stop scaring old people and small children, by getting off the sidewalk and riding on the street like 'real' cyclists.

Then last week I was involved in an 'almost' incident that got me thinking that maybe that



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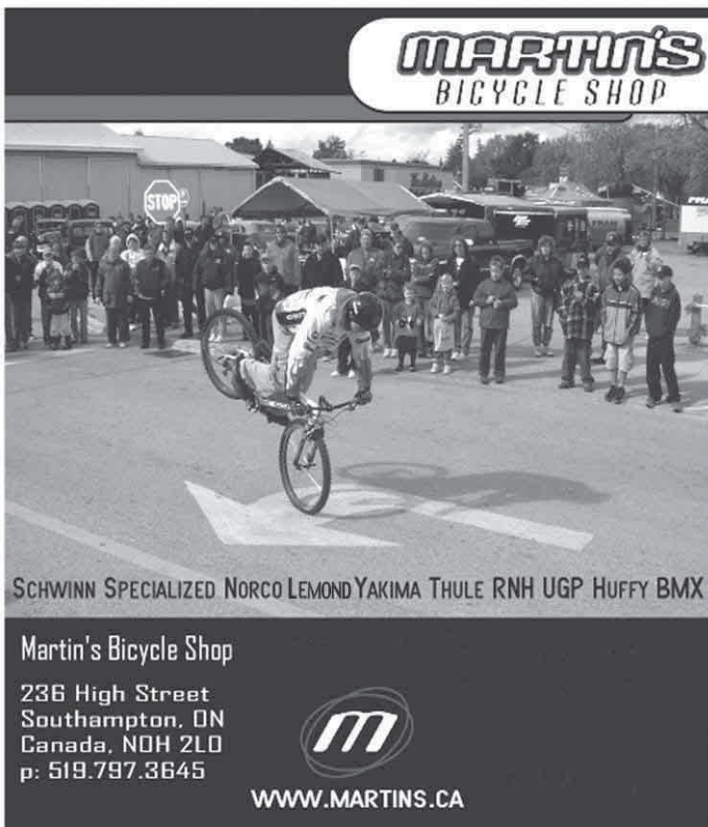
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sidewalk is not so bad after all. I was waiting at the light on 2nd Avenue and 10th Street heading south. The light changed and I darted off to beat the traffic, but this women in one of those mammoth pick-ups jolted past me beating me to a delivery truck that was double parked just past the intersection. The big ass pick-up (it was one of those with the double wheels in the back) just squeezed around the delivery van with only inches to spare. That left me with a choice either hitting the brakes hard or coming out the other side a la Laurel and Hardy in the train tunnel scene from "Two Tars". Luckily, I hit the brakes and came face to face with the FedEx 'On time' delivery motto. I waited for the traffic to clear and continued on my way, giving a half hearted look for the women in the big truck, to give her a piece of my mind.

I realize the truck was big and I was sort of way down there on my bike, but she must have seen me. I was wearing that bright orange jersey and I was well ahead of her from the get go. In the end I would have lost the battle if we had hit, so I now have to keep that in the back of my mind whenever I am in a similar situation... or I could always carry a wrench, flip my bars around and head for the sidewalk when I get downtown.

le Tour on OLN & CBS

Outdoor Life Network, Canada and CBS in the U.S. are again airing the Tour de France. From the start in London, England on July 7th to the finish line in Paris, OLN will cover every stage, every day throughout the Tour (It is actually 'Versus Channel' coverage from the U.S., but who cares). CBS will water it down to a few hours each Sunday during the Tour. For one month OLN will again be airing something other than 'Paid Programming' in the early morning and mid-afternoon.

Jersey Downsizing

by John Brown

If anyone needs to have their new jersey adjusted for size, call Bounie (pronounced boo knee) at 519-376-1822 and she will modify it for \$10 to \$20 depending on the amount of work required. Call during the day because she works after 4:00 p.m. She is located at 290 8th Avenue A East near Summit Place.

News from Arrow

by Fred Zottl

Arrow Racing Podiums in The Forest City

Arrow Racing Mountain bike Team ventured to the Forest City to compete at the 3rd Ontario Cup Of Mountain biking held at Boler Mountain. In spite of slippery conditions at the start of the day and continuous threats of thunderstorms, Arrow Racing was able to earn five spots on the podium. In the under 13 category, Connor Musselman of Creemore took gold as did Mack Thomson of Owen Sound in the under 15 Male division. In the under 17, Cadet sport division, Scott Burgess of Meaford took the bronze medal along with Jane Thomson of Owen sound in the Junior Expert Female category. With a massive lead over second place, Jacob McClelland of Hawkstone, won the gold in the very competitive, under 19, Junior Expert Male category.

Arrow Racing Medal at National Race

Hardwood Hills hosted the fourth Canada Cup National cross country mountain bike race and Arrow Racing displayed its competitiveness once again. Riding along side of China's, Brazil's and Canada's national riders, Jacob McClelland of Hawkstone, rode to victory to win gold in the very tough under 19 expert men's category.

In the youngest category of under 13 men, Connor Musselman, of Creemore, also took the gold. In the under 17 sport men's category, Scott Burgess of Meaford, was millimetres away from first and had to settle for the silver. Cayley Brooks of New Lowell, also earned the silver medal in the under 17 Expert Female category.

Rounding off the medal winners was Jane Thomson of Owen Sound, giving her best to win the bronze in the tough under 19 Junior Expert Female category. Gary Fisher, the founder of Gary Fisher bicycles, a legend in the development of mountain biking, was on hand as a special treat to present medals.

Rocky River Cycling Festival

by Doug Miller, Festival Coordinator.

Plans for the 1st annual Rocky River Cycling Festival are quickly coming together. We have some top rated O cup racers doing road and mtb workshops plus leading some of the rides. Graham and Linda Magor will be doing Triathlon workshops....both have national and Ironman experience. A demo dirt track will be in place for bmx dirt race and dirt jump workshops/ demos Lots of input from various clubs including Recumbent, Tandem, and Handcycling groups Shane Jolley will be giving commuter/touring workshops. There is great camping facilities available....reserve early. And to cool you down, there is excellent swimming at both the middle and upper dam on the River. Hope to see everyone there.

Club BBQ

Trevor and Emese have offered to hold the OSCC BBQ at their home this year. Mark Saturday, August 25th on your calendar for the event and see next month's newsletter for more information.

Results

29 May, TT Kemble

Jason Rody	34:02
Jeffrey Thomson	46:07 PB
John Huelshof	42:12
Kate Manwell	41:24
Stu Manwell	37:30
Jarmilla Vazac	44:19
Didier Perrin	36:31
Mike Campbell	34:46 PB
Greg Nicol	33:30
Emese Fabry	43:37 PB
Joachim Ostertag	38:18
Don Wilkinson	41:02
Joe Lehmann	37:07
Mack Thomson	35:29
Derek Smith	36:32
Richard Askwith	41:55
Scott Vining	32:51
Matthias Purdon	32:16 PB
Brian O'Doherty	33:12
Matt Barfoot	33:19 PB
Tim Murawsky	37:37
Stephen Laforest	43:20 PB
Trevor Stokes	39:37
Ken Avery	34:15 PB
Fred Scheel	37:18 PB
Andy Barton	37:32
Jen Wardell	38:09 PB
Emil van Dijk	34:15
Jeff Wardell	34:03 PB
Tom Sutton	37:34
Mark Avery	35:48
Rebecca Hilts	40:48
Jacob Van Dorp	34:00
David Starrs	36:05
John Brown	37:05
Joe Chappell	29:46

Timer: Mary Thomson

Assisted By: Tom Hakala & Chris Laforest at Corner Traffic Controls; many thanks to Finish Timing Assistants Margo & Barb; and for their rendition of Happy Birthday as Rebecca finished her TT. 38 Riders riding counter-clockwise around the Kemble Mtn. TT Course; 19°C & sunny; calm wind

31/May MTB TT - Whispering Pines

Mattias Purdon	19:58
Jason Rody	20:37 00:39
Joe Chappell	20:43 00:45



Mack Thompson	20:47 00:49
Emil van Dijk	20:50 00:52
Scott Thompson	20:57 00:59
Sean Calhoun	21:46 01:48
Rich Fletcher	22:09 02:11
Tim Moss	23:12 03:14
Mike Campbell	24:15 04:17
Dan Murawsky	25:07 05:09
Fred Scheel	25:49 05:51
Tim Murawsky	26:11 06:13
Vic Michener	26:28 06:30
Lindsey Avery	30:16 10:18
Jackson Naejiwan	34:47 14:49
Brian Radbourne	DNF
Ken Avery	DNF

05/Jun, Annan, 19 & 10k 19K

1 Greg Nicol	29:05	39.20	
2 Matt Barfoot	30:10	37.79	01:05
3 Mike Campbell	30:14	37.71	01:09
4 Matthias Purdon	30:20	37.58	01:15
5 Emil van Dijk	31:21	36.36	02:16
6 (tandem) Mack Thomson/ Jeff Thomson	32:22	35.22	03:17
7 Jane Thomson	32:46	34.79	03:41 PB
8 Scott Thomson	32:49	34.74	03:44
9 Jason Rody	32:52	34.69	03:47
10 Lynne Vaughan-MacDonald	33:10	34.37	04:05
11 Colin Mciver	33:14	34.30	04:09
12 Peter Beisel	33:25	34.11	04:20 PB
13 Andy Barton	33:33	33.98	04:28
14 Trevor Stokes	33:49	33.71	04:44
15 Stu Manwel	33:59	33.55	04:54
16 Joachim Ostertag	34:06	33.43	05:01
17 Reg MacDonald	34:17	33.25	05:12
18 Susan Froom	36:27	31.28	07:22
19 Don Wilkinson	38:01	29.99	08:56
20 Jennifer Ames	38:06	29.92	09:01 PB
21 Chris LaForest	41:55	27.20	12:50

10 k

1 Anne-Louise MacArthur	18:25	32.58	
2 Stephen LaForest	19:31	30.74	01:06
3 Amy Nicol	19:56	30.10	01:31

Riders: 25

Conditions: 6°C, light north breeze

Timing: Mary Thomson

Notes: Thanks to Mary Thomson for timing, and snacks; and the spectating crowds; 3 PB's on a tough night with several other riders close.

12/Jun, Colpoys Bay Lookout, 14 K/28 K 28k

1 Joe Chappell	20:40	1	41:52	40.13	
2 Scott Thomson	21:44	2	43:38	38.50	01:46
3 Matthias Purdon	22:32	3	45:13	37.15	03:21
4 Mike Campbell	22:54	4	46:24	36.21	04:32
5 Ken Avery	24:23	7	47:45	35.18	05:53
6 Matt Barfoot	23:41	5	49:03	34.25	07:11
7 Mack Thomson	23:48	6	49:28	33.96	07:36
8 Justin Zottl	24:56	8	50:10	33.49	08:18
9 Joachim Ostertag	25:43	10	50:55	33.00	09:03
10 Trevor Stokes	25:30	9	51:19	32.74	09:27
11 Jane Thomson	26:50	12	54:17	30.95	12:25
12 John Elvidge	26:08	11	54:32	30.81	12:40
Adjusted for missed turn around					
13 Susan Froom	27:17	13	55:20	30.36	13:28
14 Emese Fabry	29:05	14	59:38	28.17	17:46

14 K

1 Jacob Van Dorp	22:25	37.47	
2 Jason Rody	22:26	37.44	00:01
3 Greg Nicol	22:39	37.09	00:14
4 Didier Perrin	23:50	35.24	01:25
Adjusted for missed turn around			
5 John Cameron	24:40	34.05	02:15
6 Joe Lehman	24:42	34.01	02:17
7 Fred Zottl	25:26	33.03	03:01
8 Susan Avery	26:42	31.46	04:17
9 Laura Armstrong	26:45	31.40	04:20
10 John Huelshof	26:51	31.28	04:26
11 Ann Lyddon	27:26	30.62	05:01
12 Amy Nicol	27:30	30.55	05:05
13 Chris Laforest	29:26	28.54	07:01
14 Jeffrey Thomson	29:31	28.46	07:06

Timer: Mary Thomson + Margot Huelshof

Conditions: Warm temp, minimum breeze.

19/Jun, Walters Falls, 30 & 15K 30K

1 Joe Chappell	43:28	41.41	PB Course Record
2 Scott Thomson	46:23	38.81	02:55
3 Matt Barfoot	49:19	36.50	05:51
4 Andrew Mason	49:21	36.47	05:53
5 Greg Nicol	49:23	36.45	05:55
6 Ken Avery	49:39	36.25	06:11 PB
7 Mike Campbell	49:48	36.14	06:20
8 Dermot Barry-Murphy	50:12	35.86	06:44
9 David Starrs	51:06	35.23	07:38
10 Rich Fletcher	51:25	35.01	07:57
11 Fred Zottl	52:18	34.42	08:50
12 John Elvidge	52:20	34.39	08:52
13 Derek Smith	52:38	34.20	09:10
14 Tom Sutton	53:07	33.89	09:39
15 Brad Vokes	53:10	33.86	09:42
16 Ed deLaplante	54:12	33.21	10:44

17	Joachim Ostertag	55:08	32.65	11:40
18	Fred Scheel	55:29	32.44	12:01
19	Trevor Stokes	55:36	32.37	12:08
20	Laura Armstrong	DNF		

15K

1	Ryan Murray	22:52	39.36	Course Record
2	Justin Zottl	24:54	36.14	02:02 PB
3	John Brown	25:02	35.95	02:10
4	Dennis Dalton	25:09	35.79	02:17
5	Fletcher Courage	25:43	35.00	02:51
6	Joe Lehman	26:08	34.44	03:16
7	Peter Rissi	27:10	33.13	04:18
8	Karly Johnson	27:40	32.53	04:48 PB
9	Anne-Louise McArthur	28:08	31.99	05:16
10	Ann Lyddon	28:10	31.95	05:18
11	Richard Askwith	28:11	31.93	05:19
12	Stephen Laforest	28:27	31.63	05:35 PB
13	Susan Avery	28:42	31.36	05:50
14	Sonja Mount	28:53	31.16	06:01 PB
15	Amy Nicol	29:16	30.75	06:24
16	Jarmila Vazac	29:30	30.51	06:38
17	Bill Courage	29:37	30.39	06:45 PB
18	Chris Laforest	30:36	29.41	07:44
19	Jeffrey Thomson	31:58	28.15	09:06
39	Riders Warm; Strong, Cross West Breeze			

21/Jun, Sawmill Trails, MTB

We had an elite turnout. Many competitors finished in the top 5. Congratulations. The track was dry and sandy. Sadly, Ken Avery had his 17th mechanical of the season. He recovered well and did the second lap admirably. Morris - our new member introduced by John, had his first P.B. Way to go sweep. Deeetch had a P.B. for the course, but why only one lap? He was away for a day on business and we think he had a promise from Barb. Details to follow. Here are the results.

Joe Chappell	21:03	21:24	42:27
Emil van Dijk	21:34	22:03	43:37
Fred Zottl	21:58	21:50	43:48
Justin Zottl	21:56	22:33	44:29
Vic Michner	26:44	27:44	54:28
Deeetch Perin	23:19	- 23:19	
Morris Hoover	39:13	- 39:13	

26/Jun Shallow Lake 15K

1	Joe Chappell	20:26	44.05	
2	Mark Cochrane	21:35	41.70	01:09 PB
3	Greg Nicol	21:54	41.10	01:28 PB
4	Brian O'Doherty	22:07	40.69	01:41
5	Matthias Purdon	22:12	40.54	01:46 PB

6	Jeff Wardell	23:00	39.13	02:34 PB
7	Jason Rody	23:07	38.93	02:41
8	Mike Campbell	23:09	38.88	02:43
9	Ken Avery	23:16	38.68	02:50 PB
10	Brad Vokes	23:45	37.89	03:19
11	John Brown	23:45	37.89	03:19
12	Ed deLaplante	23:53	37.68	03:27
13	Dermot Barry-Murphy	24:00	37.50	03:34 PB
14	Sean Calhoun	24:11	37.22	03:45
15	Tim Murawsky	24:25	36.86	03:59 PB
16	Lynne			
	Vaughan-MacDonald	24:28	36.78	04:02
17	John Elvidge	24:31	36.71	04:05
18	Trevor Stokes	24:49	36.27	04:23
19	Derek Smith	25:01	35.98	04:35
20	Ian Miller	25:08	35.81	04:42
21	Joachim Ostertag	25:34	35.20	05:08 PB
22	Jen Wardel	25:44	34.97	05:18
23	Ann Lyddon	25:55	34.73	05:29
24	Don Wilkinson	26:43	33.69	06:17
25	Richard Askwith	26:44	33.67	06:18
26	Ryan Turner	27:10	33.13	06:44
27	John Huelshof	27:13	33.07	06:47
28	Reg MacDonald	27:30	32.73	07:04
29	Amy Nicol	28:25	31.67	07:59
30	Jennifer Ames	29:21	30.66	08:55
31	Leola			
	VanDolder-Fletcher	30:00	30.00	09:34
32	Morris Hoover	30:40	29.35	10:14
33	Lindsay Avery	32:08	28.01	11:42
33	Riders			

Thanks to Jody & Tom Hakala and Margo Huelshof for timing - Not as easy as it looks!
Hot and Humid



the **ROCKY RIVER** **CYCLING FESTIVAL**

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1st annual ROCKY RIVER CYCLING FESTIVAL

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- * a parade of bicycle
- * food....food...food!
- * great on site family camping facilities
- * meet other cyclists, learn about cycling
- * learn about the trails and cycling routes of the area
- * no general admission (small fees for individual chosen programs)
- * an evening of cycling films, poetry and art. Submit a cycling related poem or painting to be featured at the festival.
- * get all the details from www.bikeface.com

MORE REASONS TO RIDE

Cycling's crème de la crème

by Dermot Barry-Murphy

There are few absolute truths but one of them must be that Eddy Merckx was the greatest cyclist of them all. I recently came across a website that attempted to rank the Top 200 cyclists of all time which is exactly the kind of fantastically pointless and ultimately futile pursuits that I love. While some of the selections were quite obvious many were both interesting and surprising. For perspective, here is the Top 10 with their active years and relative strength.

1	Eddy Merckx (Bel)	1965-78	5.844,80
2	Bernard Hinault (Fra)	1975-86	3.312,80
3	Sean Kelly (Irl)	1977-94	3.074,90
4	Jacques Anquetil (Fra)	1953-69	2.937,80
5	Francesco Moser (Ita)	1973-88	2.880,85
6	Gino Bartali (Ita)	1935-54	2.860,15
7	Felice Gimondi (Ita)	1965-78	2.625,55
8	Joop Zoetemelk (Ned)	1970-87	2.518,45
9	Fausto Coppi (Ita)	1939-59	2.510,05
10	Roger De Vlaeminck (Bel)	1969-87	2.497,05

It is worth pointing out that the compiler has put an enormous amount of research into this and the positions are assigned on an empirically established points basis.

The question that immediately springs to my mind is what exactly constitutes a top cyclist. Looking at the top 3 Merckx is rightfully in a class of his own. He never entered a race that he couldn't win; 5 Tours, 5 Giros, 1 Vuelta, 3 Road World Championships, the benchmark Hour record in 1972 and an endless list of classics. They called him the "Cannibal" and for my money there has never been a finer athlete, period. Then Hinault and Kelly are as dissimilar as 2 cyclists can get. Hinault was a stage race behemoth, the last French born "patron" of the greatest bike race of them all. He rode and triumphed at a time when there was earnest competition in the form of the indomitable Greg Lemond and the upstart Laurent Fignon. Kelly was on the other hand a spectacular sprinter and one day specialist. Kelly never rode for the GC but was a ferocious competitor and one of the last of the old guard to ride with only one speed. He was also one of the last riders to abandon the strap in pedals which impresses me for reasons unknown. They were each brilliant in their own right.

Looking through the rest of the list names such as Anquetil, Moser, Coppi et al evoke all the romance of an era of cycling untarnished by the specter of drug abuse, days when winners were true champions and every race was worth competing for. I find it very disappointing that modern cycling focuses almost exclusively on one major race in July but these riders evoke images of a time when winning something other than just "Le Grand Boucle" was praise-worthy.

There is no definitive way to rank athletes across generations but it is nonetheless an interesting exercise. The only sure thing is that no matter who compiles it, each of us will most likely be left both thrilled and disappointed. For my part that means that one of my all-time favourites, Joop Zoetemelk comes in at nr. 8 while one of the most exciting riders of my generation, Jens Voigt the tireless attacker doesn't even figure. Maybe I should make my own list of most entertaining riders and someone else can write an argument about how I got it wrong.

Don Wilkinson
Massage Therapy



Don Wilkinson B.P.E.
Registered Massage Therapist
860 2nd Avenue West
Owen Sound, Ontario N4K 4M5
(519) 371-4999 (Bus.)
Fax (519) 371-4999
Res. (519) 376-8601

Editors: Trevor Stokes & Tom Hakala • Thanks to this month's contributors: Scott Thomson, John Brown, Tim Koker, Dermot Barry-Murphy, Fred Zottl, Doug Miller