



Early Summer 2013

News from the Owen Sound Cycling Club

Notes from The President

Just a reminder: To participate in any of the Owen Sound Cycling Club's rides you must be a member, for insurance reasons.

If you or your friends haven't joined yet, just go to the web site (www.owensoundcycling.ca) and on the main page you will see a "Register" link. After registering, come to Bikeface Cycling and pick up your card.

There may be "try-outs" for those who want to ride once before joining. These must be pre-planned and waivers must be signed.

Please remember, you can only register through the web site (or by phone to CCNBikes). We can no longer accept cash and forms at time trials and non-members cannot race. *Debbie Val*

Women and other things

So, slow start to our season... but we have many enthusiastic women out for our Tuesday night rides. Scott and Mary Thompson introduced us to Time Trials. We got our "Women Testosterone" out there and discovered a few competitive women. A good turnout and a fun night. Thanks Mary and Scott.

Last week we did an evening of hill climbs. Surprised we had 23 women show up. Thanks to Katie and Paula for making up the route. For our rides this year Paula and Katie have collaborated each week to make up routes for us. These are sent out to the gals in preparation for our Tuesday night rides. We encourage anyone with a road bike to come out and join this women's group. We are a friendly bunch of cyclists and we encourage anyone to come out. Then of course, there is the "Potluck" the last Tuesday of each month. This is where you get to meet the women you ride with each week. We do take turns hosting this event.

Our jerseys, "Velo Sisters" arrived and everyone looks fantastic in them!!! We hope to get a group photo which we will put in the next newsletter. Many thanks to Simon Farla for designing our jersey for us.

Ride safe everyone and if you want any info on the Women's Tuesday night rides you can email me at: pattymarr@gmail.com. Also don't forget the beginners MTB Ride every Thursday at 6:15. We have experienced riders that will assist you with off-road skills. *Patty Marr*

Whemmys Pre-ride

The Western Hemisphere Mountain Bike Championships (or Whemmys for short) is a three-hour enduro. They are held each year at the Sawmill Trails just east of Hepworth.

I am now planning this years Whemmys, which will again be in the fall (Septemberish). For now I would like to do a "scouting" ride at Sawmill Trails on Friday, July 5th at 7:00 pm. This would be a good time for people who are interested in the actual event to have their input on the course and the date. So far I have not pinned down a date and I would like some input from members as what would work for them.

As before, The Whemmys will be a three-hour timed event for solo riders or three-person relay teams. *Frank Elliot*

Monday Night Rides

I missed the first two Monday night rides due to a vacation. One fell on the Victoria Day holiday and another was rained out. And for those that we did ride, the weather was unseasonably cool. But hopefully the good weather is here to stay and we can ride regularly.

Last week we combined the ride with the Devinci Demo Day. Members and non-members met in Harrison Park where Dennis, the Devinci rep, had set out a whole range of bikes for people to try out. It was quite well attended. Some of us, since we are already riding Devinci road bikes, did some hill repeats up the Inglis Falls hill, while others rode a similar short route from the park on the demo bikes.

We have noticed that there aren't so many members attending the Monday rides. Women members are very rare. Have we scared everyone off? The ride is described as a "One and a half to two hour training ride at a moderate, steady pace", but we re-group often. And we sometimes split into two groups - one being slower or taking a shorter route. We meet at 18:00, alternating between Owen Sound (near the Fifth Season Parkette) and Williamsford (at the community centre on McCullough Lake road). See the schedule to make sure you get the right location.

On a personal note - I have missed a PB by just 20 seconds twice this season. I'm not sure if it's the new bike. I'd like to think it's me. My PB's for most courses are all far in the past. *Trevor Stokes*

Joachim Ostertag Riding to B.C.

For 23 years I have worked with men abusive to women. Starting on June 20th, 2013 I will cycle solo from Ontario to British Columbia to Change the Cycle of male violence towards women. As I travel, I will collect stories from people I meet: talk about how they have been affected by male violence and how men can be the change. To find out more about the tour go to: <http://changethecycltour.org/>. *Joachim Ostertag*

Tim Trial Schedule

July 3 - Walters Falls 15/30K

July 10 - Hepworth

July 17 - Shallow Lake

July 24 - Annan

July 31 - Kemble

Aug 7 - Walters Falls

Aug 14 - Colpoys

Aug 21 - Shallow Lake

Aug 28 - Epping Hill Climb

Sept 4 - Hepworth

Sept 11 - Annan

Kids Are Rolling

The introduction of the kids program has been really good for the Wardell, Scott, Nicol, Grieg, Barrett and Vokes families. The kids are getting better every week and their times are improving by as much as 100%. I encourage all families to come out and join the road and mountain bike events for the remainder of the summer. One week is a 6km road TT and the other week is a 3km mountain bike TT. See the OSCC calendar for venues. It is on Monday nights starting at 630pm. There have been kids from Grade 1 through Grade 7 participating. I look forward to seeing you and your offspring joining in on the fun. *Greg Nicol*

Vandals Attack the Tom Thomson Trail Kiosk

Up until now the Tom Thomson Trail Group have been pretty lucky with their kiosks and signs. We have not seen very much vandalism or theft.

That changed on June 21st when Tom Thomson Trail and OSCC member, Len Rhodes, went to the Meaford Kiosk to clean off the bricks. Someone had smashed a hole in the Plexiglas panel facing the highway with a rock. Len went back the next day with clear tape to do a temporary fix but found the idiots had returned to finish the job, smashing the entire panel with a half dozen rocks.

This is an expense that the trail group doesn't need. We are currently trying to re-route the trail along the road allowance between the Townline to the 11th Line and need all the funding we can get. If you happen to be in Meaford or at any other location of the TTT and see someone doing damage, please call 9-1-1 or contact the OPP. *Tom Hakala*

Survey

A young women by the name of Allison Seguin emailed the club and asked if our members would be interested in doing a survey about road cycling in Grey, Bruce & Simcoe Counties. She is a student at Georgian College in Barrie and she and two other students are conducting the survey in conjunction with Tourism Simcoe County and now Bruce and Grey counties. If you would like to take part in the survey (it only takes about 10 or 15 minutes) just go to this link: fluidsurveys.com/s/roadcyclingsurvey2013/

Youth Cup in London

For the first time in the 4 year history of the Ontario Youth Cup Cycling Series a race will be held in the City of London. Sunday August 18th is the date for local London youth to come out and see what bicycle racing is all about.

The race is organized by the Forest City Velodrome and Tourism London. Over 250 participants will be taking to a closed to traffic circuit that is 1.35kms in length. The ages of the Youth series participants range in age from 8-16 years old. Registration will begin in a few days at the Ontario Cycling website: <http://www.ontariocycling.org/race-schedule/2013-online-event-registration/>.

Free admission to all spectators. The organizing committee hopes to see everyone at this event on Sunday August 18th. www.ForestCityVelodrome.ca

