



Spring 2014

News
from the
Owen Sound
Cycling Club

OUTSPOKEN

President's Message

by Deb Val

Registration

It's time to register to become a member of the 2014 Owen Sound Cycling Club, bring your family and invite your friends! Please register online prior to our first event on April 26th.

Registration is online @:<https://ccnbikes.com/2014-owen-sound-cycling-club-membership/>

Don't miss the Season Kick Off Event!!

April 26th @ St Andrew's Presbyterian Church 865 2nd Ave. W., Owen Sound ON N4K 4M6

Ride, pot-luck, entertainment AND what is NEW this year for OSCC!

What to Bring:

- Your bike & helmet (If you are doing the ride.)
- Your friends/family
- Something for the Potluck!

What to Expect

- Fun group ride - 3:30-4:30 p.m.
- From St Andrew's Presbyterian Church
- Getting the legs warmed up & the dust off the bike.
- Parking: St. Andrew's Church (FREE)
- Potluck Social - 5:30-7p.m.
- AGM (information) & Entertainment to follow

Ride Don't Hide

The Owen Sound Cycling Club is putting in a team for the Ride Don't Hide Event held on June 22nd.

You can choose from a 22km, 50km, 88km, ride or a family ride inside the park. Festival site is at Kelso Beach Park 2nd Ave W., Owen Sound.

Registration \$30 (early bird), \$35 after May 1st (children 12 and under free) Go to: www.ridedonthide.com
To join the OSCC team follow the registration and then choose (Join a Group) then search (OSCC) in "name of group".

The 2014 OSCC Points System

BONUS 2 POINTS - when you register before April 26th. Learn more about The Points System on Saturday April 26th!!

Sneak Peak:

YES there will be a Post Season Points Party (in the midst of winter!). FUN!

YES at the party you get to "spend" your well earned points on GREAT PRIZES

So... How do you get points??

Attendance will be taken at every ride. You get 1 point for each ride you go on!

Want to double your points up fast? You get 2 points for every time you LEAD a ride! You can lead rides when ever you like... just let myself, Debbie Val (president@owensoundcycling.ca) that you want to lead a ride.

Start the season off with 2 points in the bank! OSCC KICK OFF (April 26) Attend Season Kick Off ride and get 1 point: stay for the "after party" social (pot-luck and entertainment) get another point!

Finally!

by Tom Hakala

I heard more whining this winter than I think I have ever heard before. I think Canadians have gotten spoiled by the mild winters over the last few years. I had a wonderful winter. I like snow and I love to ski... but even I was getting a little tired of the -20°C temps in late March. Well it looks like the cold and snow have finally seen better days... spring is in the air. I took my first bike ride of the season only last week, but it felt good to be back on my bike.

We have a lot of rides and evens planned, but we need you to take part. Otherwise nobody will have fun. Plus you will earn points for every event you do. Also, if you would like to organize a ride or club event let Deb know... we love to have new ideas and new places to go.

Grey County Road Race - Help Wanted

by Emil van Dijk

A new OCA-sanctioned bike race is coming to our area, and the organizer could use some help. The Grey County Road Race will take place on Saturday, May 10, starting at Blue Mountain Village and finishing atop Scenic Caves Road.

Race director Bruce Bird is the driving force behind the event, and has indicated that he needs all the help he can get, especially with the race caravan. If you are able to chauffeur race officials or carry spare wheels, your help would be appreciated. Course marshals, registrars and other positions are also available.

Bruce wants the race to be an annual event, and is including volunteer expenses in his race budget, with the hope that anyone who helps out this year will want to do so again in the future.

This race is worth supporting. Bruce is an active competitive cyclist who is doing this for the love of the sport, and is operating on a break-even financial basis. This is his second year of race organizing, and, with a professional background in the banking industry, he is capable of running a streamlined operation.

For more information check out the race website: <http://greycountyroadrace.com/>

To contact Bruce Bird: brucebird68@yahoo.com

Saturday, No Drop, Social Breakfast Rides

by John Brown

The club will be offering Saturday Breakfast Social rides to be held once a month starting in May. The ride will start at 8:30 a.m. from the parking lot behind Greyfair on 1st Ave E. The distances (40 – 60 Km) and pace will be moderate with a stop at the midpoint for breakfast.

If there is sufficient demand, there will be an A and B route intended to arrive at the destination at the same time.

This is intended to be a social ride so we encourage that you bring a buddy who can ride at your speed and distance. There will be a different ride destination and breakfast restaurant each month. The first ride will be shorter with the ride distance progressing during the summer.

The ride schedule is:

May – Saturday May 31 – Ride to Kilsyth (Kilsyth General Store) 21.6 Km

(Extended Ride - Add top of creamery hill to Keady road, West then North to Kilsyth 36.2 Km)

June – Saturday June 21 – TBA

July – Saturday July 26 - TBA

August – Saturday Aug 23 - TBA

September – Saturday Sept 20 – TBA

The ride destination sequence will be finalized later, and restaurant destinations are:

Dragonfly or Kettles – 28.96 Km

Tara – 37.41 Km

Williamsford Mill – 64.1Km or (Start in Kilsyth – 42.5 Km)

Shallow Lake – Mama Browns – 42 Km by Benallen/ Copper Kettle

The ride organizer would appreciate participants' notification of intent to do the ride so that reservations can be made in advance. Some restaurants may have limited capacity and reservations would be on an as notified basis.

Ride Organizers are: Ann West: 519-371-2820

John Brown: 519-372-2502

Whemmys!

by Frank Elliot

The Whemmys will be on Sept. 28th, 2014, with the same start time of 1:00 p.m. Registration will take place from 11:30 to 12:30. The event will held again be at Sawmill Trails near Hepworth.

After preparing last years WHEMMYS , and making a few mistakes along the way, I found it is not as easy as it looks. On the other hand, there is very rewarding feeling that goes along organizing an event like the WHEMMYS. I found that an event cannot happen with out the support of others volunteering their time or efforts. I would like to thank BikeFace for supplying the prizes. Also Susan Avery, Gage Ward, Brad Dewys, Marcus Duffy, Jesse Parkin, Tom Halaka, Emil van Dijk, Simon Farla, , for timing, marshalling, sweeping, course pre-run, and trail clearing (after the logging which was such a major job).

There are landowners such as the Kiwanas Club of Owen Sound, The Grey Sauble Conservation Authority and Jewel Spencer who continue allowing us the use of the land. They are also key to the success of our race. There are others who gave me advice which helped me produce a successful race.

On the topic of advice I would like your input on this year's WHEMMYS. It is our club's race after all. Do you want more hills or less hills? Shorter or longer laps? And what about those technical areas such as Hotwheels and Slingshot... Ya or Nay?

Also, I am hoping to have a monthly off-road tour of nearby mountain bike venues depending on interest. There are many interesting MTB trails in the area such as Three

Stage, Brant Tract, Bruce Peninsula Adventure MTB Park, just to name a few, and I think it would be interesting to go out once a month to enjoy some of these areas. Please contact me at: frankelliottowensound@gmail.com for your ideas on this and I can start organizing rides.

I think we find it fun to be with others that have the same interest in biking as we do. I do find it fun to be competitive with some other bikers in a friendly way. Riding with the club will provide you with a safe environment on the trails. Mountain biking can be a hazardous sport and sometimes rides are a distance from civilization. It is a good to know you are around others that are experienced in riding and safety. If you know of mountain bikers that are not members, tell them about the off-road events the club provides.



The 2013 Whemmys start

Club Rides for Women... and others

by Patti Marr

There will be two rides per week for women in the club. The Tuesday ride will start at 6:15 p.m. from Bikeface Cycling. The ride will be 20 up to 50 km. long (depending on who shows up). The Tuesday Women's Ride will start on April 29th (weather permitting). Also, women will have another option on Weds. evening at 6:15 p.m. The Weds. ride will be slower paced and will be geared for newer riders. Go to Bikeface to join the group. First ride will be April 30th... but not if it snows.

Then on Friday evenings at 6:15 p.m. the club will host a couples ride (or singles if you are not a couple). This will be an easy paced ride for all types of road riders. This ride will also start at Bikeface. The first ride will be on May 2nd... as long as it isn't raining or snowing.

Monday, May 5th will be the inaugural Monday Evening Road Ride. This is a mixed ride (both men and women) and is a faster paced event (One and a half to two hour training ride at a moderate, steady pace). If there is enough riders we will break up into fast and slower groups. Meet in the parking lot across from Wardell's Furniture on the first ride then at McCullough Lake Rd and

Salter St, Williamsford on the following week. The ride will alternate between these two starting points until September 22nd.

Time Trials

by Scott Thomson

Welcome all prospective TT participants to the 2014 season. Let's hope for personal or season bests, great training/ exercise, and pleasurable company. All OSCC members are welcome at one or all evenings. And help at timing will likely be appreciated this year when/if Mary and/or myself can't attend. I get slower every year (for now) but still relish "the race of truth". My TT participation (on the bike) is uncertain, and due to bike positioning changes I may have a sweet TT/Tri bike for sale. Mary and I may break out the tandem; make her the Captain and me as Stoker. Carpe Diem.

Tentative 2014 TT Schedule - check back regularly for updates, here and on the OSCC Google Calendar.

May 7 - Shallow Lake 10/15K

May 14 - Annan 10/19K

May 21 - Hepworth/Springcreek Rd 10/17K

May 28 -Walters Falls 15/30 K ?

June 4 - Shallow Lake 15K

June 11 - Kemble 19K

June 18 - Annan

June 25 - Colpoys 14/28K

July 2 - Walters Falls 15/30K

July 9 - Hepworth

July 16 - Shallow Lake

July 23 - Annan

July 30 - Kemble

Aug 6 - Walters Falls

Aug 13 - Colpoys

Aug 20 - Shallow Lake

Aug 27 - Epping Hill Climb

Sept 3 - Hepworth

Sept 10 - Annan

Ontario Masters Cycling

by Jim Cummings

If you are a 40+ male or 35+ female and are looking for some friendly competition, consider joining the Ontario Masters Cycling Association.

Our first event, a 22km. Time Trial, is on April 27th. Other events throughout the spring and summer include age and ability handicapped Pursuits and Time Trials. Your O.S.C.C. purchased O.C.A. insurance also covers all OMCA events. Phone or email me for more info. (519-371-9878, jim2@grey-bruce.net)or go to: <http://www3.sympatico.ca/bikemaster/omca.htm>