

OUTSPOKEN

Late Spring 2010

This is an updated listing of coming events to help new and returning members get the latest information. The best way to stay informed is to check our club website: www.owensoundcycling.ca.

If you are a new member or a returning member with a new email address, be sure to subscribe to our email list. You can do this by visiting the web site's Subscribe link. This will ensure that you receive any important club announcements.

The Schedule link will take you to an up-to-date list of all upcoming group rides, time trials and social events. You can register your email address on those pages so that you receive notification if the content changes.

We also have a Bulletin Board where you can chat with other members, buy and sell, coordinate car pooling and share technical tips. Even if you don't register and post to the bulletin board, it's a good idea to view it once in a while to see what's happening.

We are always open to new ideas for events and rides. In order for any ride or race to happen we need volunteers to step forward and take the time and initiative to organize them. This is your club so by holding and attending events the club will grow and become better. If you are interested in holding an event or ride please contact the president at: president@owensoundcycling.ca.

Club Rides

Here are a few things you need to know about our rides. These are required by the OCA and our insurance company in order to insure safe riding for all members.

1. Group rides must be planned in advance and registered with the OCA.
2. You must be a paid up, insured club member to participate in official club rides.
3. You must wear an approved helmet while riding.

2010 Wednesday Night Road Time Trials

Road time trials are held every Wednesday evening throughout the season and are organized by Scott Thomson.

- Unless otherwise noted, all races begin at 18:30.

News from the Owen Sound Cycling Club

- Please arrive early to get a start number from the timer.
- You must be a club member to participate.
- You must wear an approved helmet

Please check back for updates as the schedule may change during the season due to interest, road conditions, whim,...

May 19 - Grey Bruce Line

May 26 - Kemble 21K

June 2 - Annan 10/19K

June 9 - Colpoys/Big Bay 14/28K

June 16 - Walters Falls 15/30K

June 23 - Shallow Lake 15K

June 30 - Hepworth Spring Creek 16K

July 7 - Annan 10/19K

July 14 - Walters Falls 15/30K

July 21 - Kemble 21/41K

July 28 - Colpoys/Big Bay 14/28K

August 4 - Shallow Lake 15K

August 11 - Annan 10/19K

August 18 - Walters Falls 15/30K

August 25 - Epping 5K Hill Climb and Potluck

September 1 - Hepworth Spring Creek 16K

September 8 - Annan 19K Team TT

September 15 - Shallow Lake 15K Aussie Pursuit

Scott Thomson

Women's Rides

There will be a women's mountain bike ride on Monday evenings at 6:00 p.m. We have skilled riders who will help us learn technique. All levels of riders welcome. Meet at the parking lot behind Bikeface Cycling.

Women's Road Ride Night Changed

We also are doing a women's road bike ride every **Tuesday** evening. They will also start a 6:15 p.m. at Bikeface parking lot. The ride will cover anywhere from 20 to 50km., depending on the group that shows up. Again all levels welcome. *Patty Marr*

NEW! Rubber, Rocks, and Roots MTB Rides

Looking for an offroad ride? Be at Bikeface on Tuesdays at 6:30 p.m. for the, 'Rubber, Rocks, and Roots' ride (a 3R rating). The ride leaves the parking lot at Bikeface for a mix of single track fun on and around the escarpment...from Jones Falls to Inglis Falls and points between. Doug Miller

Training / Recreational Rides

Starting Monday, May 3rd.

Led by Trevor Stokes and a designated "tail end Charlie" Monday nights at 18:00, alternating between Owen Sound and Williamsford. One and a half to two hour training ride at a moderate, steady pace. Depending on the abilities of those who show up, we may split into groups.

May 17, Owen Sound

May 24, Williamsford - Victoria Day - TBD.

May 31, Owen Sound

June 7, Williamsford

June 14, Owen Sound

June 21, Williamsford

June 28, Owen Sound.

July 5, Williamsford.

July 12, Owen Sound

July 19, Williamsford

July 26, Owen Sound

August 2, Williamsford - Civic Holiday - Trevor & Emese will be away. Probably not a good day for a ride anyway, with the holiday traffic and the drunks taking back roads from the beach!

August 9, Owen Sound.

August 16, Williamsford - Trevor & Emese away.

August 23, Owen Sound

August 30, Williamsford

September 6, Owen Sound - Labour Day - Trevor & Emese may be away.

September 13, Williamsford

September 20, Owen Sound - Short(y) ride, then replenish liquids at Shorty's! If the weather is bad, we'll still go to Shorty's for an end of season get together. Plan to be there at 19:30.

Please let me know (519 794 4322 or tstokes@hsfx.ca) so I can reserve a table. Thanks. *Trevor Stokes*

Ride to Blue

I will be leading the ride from Owen Sound to Blue Mountain again this year. I have tentatively scheduled it for August 12th... weather permitting. Check the website for more details as the date approaches. *John Brown*

Tour de Sound

As a forerunner event to a proposed Tour de Sound in 2011, the Owen Sound Cycling Club/Bikeface Cycling will host a Tour Tester Social ride from Harrison Park July 11 for club members.. 3 routes will be selected...20km, 50km and 100km appr. Followed by a barbecue and potluck treats in the park. This will also serve as an ideal time for a post ride discussion on the development of an annual Tour de Sound, get rider feedback and a great opportunity for club members to meet and network.

Whemmys Si!

We have tentatively scheduled the Whemmys Enduro for Sunday, September 26th at the Sawmill Ski Trails east of Hepworth. If you are not familiar with the Whemmys or forgot what the heck it was... think of a three hour off-road mountain bike race. There will be a loop course set up and clearly marked through the great single track trails at Sawmill. The winner will be the person with the most laps in the three hour time limit. There will be age and gender categories for single riders as well as teams of three. New this year will be a "Family" category in which at least one member of the three person family team is less than half the age of the oldest. This way some of us will get to race with our children, or grandchildren, instead of against them!

This has always been a fun event for all ages. The course will not be too technical or difficult for the average rider. Mark the date on your calendar and keep an eye for future updates as to registration.

If you are interested in helping at the Whemmys go to the OSCC website Bulletin Board under "Rides and Races - Anyone for an end of season race?" and say so. Or talk to Fred when you see him at time trials or other events. - *Fred Zottl*

Club Jersey Update

We are still investigating the cost and feasibility of getting new jerseys made. We'll keep you posted.

Is there an interest within the membership in having more jerseys made? Again, if you are interested, go to the OSCC website Bulletin Board under "General Chat - OSCC Jerseys" and add your 2 cents. *Tom Hakala*

Same Page

I want to make sure that we all understand why how we do what we do. 'Official' club rides or events are ones that are planned ahead and information about the ride is sent to the OCA and the insurance company. Only members of the Owen Sound Cycling Club or OCA registered members are allowed to take part in these events. The ride or race is then covered by our insurance company. That is why you have to notify me at least a week in advance if you are planning such an event.

On the other hand, if you would like some company on a ride you decided to do yourself, feel free to list it on the club Bulletin Board. Just be aware that these events are not covered by the club insurance. You are on your own.

In case you wondered who is doing what in the club... President - Tom Hakala, Vice-president - if interested step forward, Treasurer - John Brown, Registration - Fred Zottl, Time Trials - Scott Thomson, Webmaster - Trevor Stokes. *Tom Hakala*