

OWENSOUND CYCLING CLUB

Late Summer/Early Fall

This is an updated listing of coming events to help new and returning members get the latest information. The best way to stay informed is to check our club website: www.owensoundcycling.ca.

If you are a new member or a returning member with a new email address, be sure to subscribe to our email list. You can do this by visiting the web site's Subscribe link. This will ensure that you receive any important club announcements.

The Schedule link will take you to an up-to-date list of all upcoming group rides, time trials and social events. You can register your email address on those pages so that you receive notification if the content changes.

We also have a Bulletin Board where you can chat with other members, buy and sell, coordinate car pooling and share technical tips. Even if you don't register and post to the bulletin board, it's a good idea to view it once in a while to see what's happening.

We are always open to new ideas for events and rides. In order for any ride or race to happen we need volunteers to step forward and take the time and initiative to organize them. This is your club so by holding and attending events the club will grow and become better. If you are interested in holding an event or ride please contact the president at: president@owensoundcycling.ca.

Share The Road

Bikeface Cycling and OSCC have been pursuing the idea of both Grey and Bruce Counties erecting "Share the Road" signs on all of their major routes. We feel that these signs are a relatively inexpensive way of alerting motorists that they are responsible for sharing the road with other users.

This is a campaign that was started by Eleanor McMahon, who's husband was killed by a motorist. So far it looks like Grey County has put up signs for the Centurion Race over at Blue Mountain and are looking at placing them around the county as well. Bruce County has also said they would go for the idea, while the mayor of Owen Sound called to say she thought this was a wonderful idea and would put it before council.

Our efforts seem to be taking off after Doug Miller pasted "Share

News from the Owen Sound Cycling Club

the Road" signs in his store window. The Sun-Times contacted him and ran an article on the front page. Since then Doug has received calls both for and against sharing the road (At least the people against took the effort to call, so Doug and Patty could try to explain the rules of the road).

Of course "Share the Road" is a two way street (bad pun) and we as cyclists have to make an effort to not cut in front of vehicles, obey traffic rules and be aware of traffic when riding in groups. We have to set a good example, if we expect the same from motorists. *Tom Hakala*

Ryder Takes 7th!

Thumbs up! Fantastic Tour de France for Canadian Ryder Hesjedal. He placed 7th overall.

Thumbs Down! OLN showing re-runs of their tired, lame shows in the evening instead of 'le Tour'.

Club Rides

Here are a few things you need to know about our rides. These are required by the OCA and our insurance company in order to insure safe riding for all members.

1. Group rides must be planned in advance and registered with the OCA.
2. You must be a paid up, insured club member to participate in official club rides.
3. You must wear an approved helmet while riding.

2010 Wednesday Night Road Time Trials

Road time trials are held every Wednesday evening throughout the season and are organized by Scott Thomson.

- Unless otherwise noted, all races begin at 18:30.
- Please arrive early to get a start number from the timer.
- You must be a club member to participate.
- Your must wear an approved helmet

Please check back for updates as the schedule may change during the season due to interest, road conditions, whim.

August 4 - Shallow Lake 15K

August 11 - Annan 10/19K

August 18 - Walters Falls 15/30K

August 25 - Epping 5K Hill Climb and Potluck

September 1 - Hepworth Spring Creek 16K

September 8 - Annan 19K Team TT

September 15 - Shallow Lake 15K Aussie Pursuit

Scott Thomson

Women's MTB Rides

There will be a women's mountain bike ride on Monday evenings at 6:00 p.m. We have skilled riders who will help us learn technique. All levels of riders welcome. Meet at the parking lot behind Bikeface Cycling.

Women's Road Rides

We also are doing a women's road bike ride every **Tuesday** evening. They will also start a 6:15 p.m. at Bikeface parking lot. The ride will cover anywhere from 20 to 50km., depending on the group that shows up. Again all levels welcome. *Patty Marr*

Rubber, Rocks, and Roots MTB Rides

Looking for an offroad ride? Be at Bikeface on Tuesdays at 6:30 p.m. for the, 'Rubber, Rocks, and Roots' ride (a 3R rating). The ride leaves the parking lot at Bikeface for a mix of single track fun on and around the escarpment...from Jones Falls to Inglis Falls and points between. Doug Miller

Training/Recreational Rides

Led by Trevor Stokes and a designated "tail end Charlie" Monday nights at 18:00, alternating between Owen Sound and Williamsford. One and a half to two hour training ride at a moderate, steady pace. Depending on the abilities of those who show up, we may split into groups.
August 2, Williamsford - Civic Holiday - Trevor & Emese will be away. Probably not a good day for a ride anyway, with the holiday traffic and the drunks taking back roads from the beach!
August 9, Owen Sound.
August 16, Williamsford - Trevor & Emese away.
August 23, Owen Sound
August 30, Williamsford
September 6, Owen Sound - Labour Day - Trevor & Emese may be away.
September 13, Williamsford
September 20, Owen Sound - Short(y) ride, then replenish liquids at Shorty's! If the weather is bad, we'll still go to Shorty's for an end of season get together. Plan to be there at 19:30. Please let me know (519 794 4322 or tstokes@hsfx.ca) so I can reserve a table. Thanks. *Trevor Stokes*

Ride to Blue

We will be doing our annual Owen Sound – Blue Mountain Club Ride for Thursday, August 12th. The plan is to meet at Heritage Place Mall, Sears parking lot, then leave Owen Sound at 9 a.m. and ride the 75Km to Blue Mountain Village by way of Bognor, Walters Falls, Beaver Valley, Victoria Corners, Banks and then down Scenic Caves Road. Travel time at a leisurely pace would be approx. 3 hrs. There will be some hills on the ride (Some damn big HILLS! Ed.). We will have lunch and re hydrate in the village before returning. To be able to provide for return transportation to OS, we need to know who is coming. Contact John Brown 372-2502 or jab-rae@sympatico.ca if you plan to join in.
John Brown

Tour de Sound

We are still looking at doing a fund raiser for next summer along the lines of the BBQ we had on July 11th. This would be a one day event with 3 different choices of rides followed by a BBQ. It would be similar to the Tour de Grand in the Cambridge area. If anyone wishes to step forward and help organize the event let me know at: president@owensoundcycling.ca.

Speaking of the Ride and BBQ... I would like to thank everyone for coming out and taking part... it was a great turnout. I would also like to thank Bikeface for their help, Steve Sgro for supplying the condiments and especially past president, Greg Nicol for supplying both his grill and chef's talents. *Tom Hakala*

Whemmys Enduro

Don't forget the Whemmys Enduro - Sunday, September 26th at the Sawmill Ski Trails east of Hepworth. If you are not familiar with the Whemmys or forgot what the heck it was... think of a three hour off-road mountain bike race. There will be a loop course set up and clearly marked through the great single track trails at Sawmill. The winner will be the person with the most laps in the three hour time limit. There will be age and gender categories for single riders as well as teams of three. New this year will be a "Family" category in which at least one member of the three person family team is less than half the age of the oldest. This way some of us will get to race with our children, or grandchildren, instead of against them!

This has always been a fun event for all ages. The course will not be too technical or difficult for the average rider. To enter, members will pay a low, low price of just \$6 while non-members will pay for a membership + \$6.00 (I guess that is the same thing.) Forms will be on the website soon.

If you are interested in helping at the Whemmys go to the OSCC website Bulletin Board under "Rides and Races - Anyone for an end of season race?" and say so. Or talk to Fred when you see him at time trials or other events. - *Fred Zottl*

Club Jerseys Ordered

The new jerseys have been ordered and should arrive any time. They will be at Bikeface Cycling for members to try on and purchase. Purchase price will be at great buy at \$65.00 each. *Tom Hakala*

Who is Minding the Store?

In case you wondered who is doing what in the club... President - Tom Hakala, Vice-president - if interested step forward, Treasurer - John Brown, Registration - Fred Zottl, Time Trials - Scott Thomson, Webmaster - Trevor Stokes. *Tom Hakala*