



# OutSpoken

Early Spring 2013

News from the Owen Sound Cycling Club

## President's Message

I am thrilled to welcome you to the Owen Sound Cycling Club 2013 Season Kick Off - Ride and Potluck!

It will be fabulous to see some returning members from years past, some new faces joining the fun, and loyal seasonal members back for another great season.

We are all so fortunate to be able to reap the personal gains of being outdoors and active. Equally as valued are the endless benefits of belonging to a group of like-minded, passionate, and "full-of-life" people. Together the OSCC has that beautiful balance of social and solitude, and thus I consider myself lucky to be a part of the fun this season and many seasons to come.

Please join us, regardless of your ability or experience on April 6th at 5:00pm at the St. Andrews Church for a fun ride prior to a pot-luck dinner and further information at the AGM on what we have planned for the OSCC 2013 season!

Registration to become a member is online this year. You will find the link on our website [www.owensoundcycling.ca](http://www.owensoundcycling.ca). Registration fees provide insurance for yourself while riding with the club. See you soon, *Deb Val*

## The Editor!

I have a new job this year... Newsletter editor. Okay it's an old job as I have done this one or two times before. So if you have anything you wish to write about (that relates to cycling), email me at: [hakalathomas@gmail.com](mailto:hakalathomas@gmail.com).

There are a few things that we need to emphasise to make sure everyone is on the same page. One is that the registration is online this year... okay you read this already, but we want to make sure you didn't miss it. So if you want to ride on April 6th, you must register before the event. We will not have any paper registration forms on April 6th or in the future. Follow Trevor's instructions in the next article (or go to the club website and click on REGISTER NOW) If you don't have a computer or do not wish to register online you can call CCN Bikes at 1-888-988-2453 and do it by phone.

We are planning on holding a club try-out for non-members (the OCA rules state that one can't be a former club member to try out). We will do this on April 6th as well. (Weather permitting).

Our new president, Debbie, is planning on doing a beginner's ride and clinic every Friday at 5:30 p.m. Watch for more information to come in the next few weeks. Also, Scott Thomson will

be making up the Wednesday time trial schedule soon. Check our website for times and places. *Tom Hakala*

## OSCC executive for 2013

President: Debbie Val - [president@owensoundcycling.ca](mailto:president@owensoundcycling.ca)  
Vice President: Carlin Val - [cval@lakeheadu.ca](mailto:cval@lakeheadu.ca)  
Treasurer: John Brown - [jab-rae@sympatico.ca](mailto:jab-rae@sympatico.ca)  
Director & Secretary: Fred Zottl - [left\\_saidfred@yahoo.com](mailto:left_saidfred@yahoo.com)  
Membership Coordinator: Patty Marr - [pattymarr@gmail.com](mailto:pattymarr@gmail.com)  
Time Trial Coordinator: Scott Thomson - [tscotttyt@gmail.com](mailto:tscotttyt@gmail.com)  
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Mountain Bike and Whemmys Race Director: Frank Elliot - [frankiee@fastmail.ca](mailto:frankiee@fastmail.ca)  
Director & Newsletter Editor: Tom Hakala - [hakalathomas@gmail.com](mailto:hakalathomas@gmail.com)

## On-line Registration

Gone are the days when members printed off application forms and waivers, filled them out and handed the forms and cash to a stressed ride leader or time trial organizer minutes before an event.

The Ontario Cycling Association (OCA) have partnered with a BC company called CCNBikes, to manage the collection of their insurance and a club's membership dues. A member now goes to the CCKBikes' web site (there's a custom link on ours). On the landing page you create an account. This is the familiar process of entering your personal details, your email address and choosing a password.

Then you can buy your membership. This year there is no early bird rate, and because the insurance is such a large portion of the total, there is unfortunately no break for families and juniors. The total for everyone is \$49. If you have insurance through another club or a racing license, you pay only \$10. You must specify the name of other club or the license details. The OCA will use this information to cross check!

Only those under 19 years of age are required to print and sign a waiver, to be handed to the Registration Coordinator before the first ride.

While you are still logged on, you can buy membership for a spouse or other family member. You receive a confirmation email for each transaction. I, as webmaster, and Patty, our new Registration Coordinator have access to reports that tell us who has joined. The club will use this list to hand out membership cards and to check that everyone is a registered member before a ride.

All of the above is working smoothly, but at the time of writing the OCA tell us that there is a problem with processing “upgrades” via the CCNBikes site.

If you need to upgrade from:

- A. A non-competitive club associate membership to a competitive associate membership;
- B. an associate club membership (any kind) to a Race Licence (UCI or Citizen Permit);
- C. A Citizen Permit to UCI Race Licence...

please contact CCNBikes at 1-888-988-BIKE (2453). They will make the necessary change. If, because of the website problems, you were billed twice for an upgrade CCNBikes will process a refund. *Trevor Stokes*

### **Women’s Rides & Beginner’s MTB Ride**

Despite the endless days of snow out there, I promise there are also endless days of sun coming!!!!

We once again welcome all former and new members to the OSCC for the 2013 season. If you have been checking the web site you will see registration is done on line this year (makes my job easier).

The women’s Tuesday night rides will continue the same as last year. Be at Bikeface at 6:15 ready to ride. Come a little early if you have to pump tires or get water. There will be a few different ride levels, so we can accommodate everyone. We encourage new riders. This year we will have routes posted and will have a designated leader and sweep for each ride. We will all take turns doing these duties. Also we will continue to have our month end potluck. This will be posted on the calendar.

There will also be a beginner’s mountain bike ride each Thursday, again from Bikeface at 6:15. Be ready to ride out of here at that time. We are presently recruiting leaders for this ride. If you have mountain bike skills and would like to help out one day a month let me know.

I hope everyone has a safe summer on the roads. Remember we need to share the road if we want respect from motorists.

Ride as much as you can!!!! Don’t forget the April 6th Ride and Potluck at St. Andrews church. All of this info is on the OSCC web site. Volunteers are always welcome, you are what it takes to make a club work! *Patty Marr*

p.s. I can be reached at Bikeface 519-372-9777 or at [patty-marr@gmail.com](mailto:patty-marr@gmail.com) for any questions you may have.

### **Mountain Biking & The Whemmys!**

I would like to introduce myself as the new director of the classic Whemmys end of season mountain bike enduro. I would like to thank all who played a part in keeping it going for the past few years. I will also try to have more MTB events within the

Owen Sound Cycling Club for those who like to do that sort of thing (like me).

First The Whemmys (Western Hemisphere Mountain Bike Championships) has been a favourite of mine for a long time. I believe that this event was what got me hooked on biking again. Something I had not cherished since childhood. Though I had biked later in life, those trips were more about getting from one place to another and did not have the “fun factor” I remembered as a kid.



You may wonder how entering a 3 hour MTB race against seasoned athletes with high end bikes and finishing last place (me) bring back the fun factor? Its just being there. Its just being part of the sport. There are no try outs. There is no booing when coming in to the finish line slower then everyone else. Its just a great feeling of completing the trek in the forest. The feeling of knowing that I must have improved my health along the way. Every race or ride I say to myself “Just a ride, just do it!” The fun factor just falls into place.



You can likely see that I am focusing this article on when I started. Two reasons for that. I am new to the Owen Sound

Cycling Club executive and although I have been biking for over 15 years, I still feel new to the sport. There is so much out there to enjoy and achieve. I am just learning this myself each year.

This brings me to my second purpose for joining the executive. To help share mountain biking with the community. Its a beautiful sport for young and old. I'm fiftyish and can't imagine not going without the benefits of health and mind cycling gives. I would like to aid present members and find new members to get out there and find or rediscover that "fun factor". There have been, and are others, in the OSCC that have carried this flame which was offered to me some 15 years ago and now I would like to do what I can to serve others in having a piece of that flame.

On the agenda for 2013 so far is the Whemmys and a weekly MTB ride to add to the existing one. Dates and times are still being planed. If you are interested in mountain biking email me ([frankiee@fastmail.ca](mailto:frankiee@fastmail.ca)) and tell me what would work for you.

*Frank Elliot*

### **Kids Events**

I am very pleased to be organizing a kids program this year. There will be a road time trial one week and a mountain bike time trial the next week. In order for this to be successful I will need parental support - this will not be something where you can drop your child off and leave. I am thinking this should be for ages 5-13 as a guideline. All participants must be members of the OSCC and be insured with the OCA.

The program will start on Monday May 13th with a road TT in Kilsyth - the venue will be the road from Kilsyth direct north. It should measure about 3km round trip and participants can choose 1 or two laps. Park at the Kilsyth Hall.

The other road venue will be the road at the top of Creamery Hill - it is shown as 9th Ave West and we park at the north end - this is also the same parking for the west rock mountain bike time trials.

The other mountain bike course we will use is at Jones Falls and we will park at the visitor information office just north of the lights at Springmount.

The mountain bike events will be flat loops - parents will need to be at the turns or you may want to ride behind your child.

The schedule is set for the first few weeks and is as follows:  
Pre-ride at 6:00 pm and the TT will start at 6:30 pm.

May 13	Kilsyth Rd TT
May 20	West Rock Mtn TT
May 27	West Rocks Rd TT

June 3	Jones Falls Mtn TT
June 10	Kilsyth Rd TT
June 17	West Rocks Mtn TT
June 24	West Rocks Rd TT

The schedule will start back up July 8th based on participation levels. Follow us on twitter [@oscyclingclub](https://twitter.com/oscyclingclub) for updates and changes. *Greg Nicol*

### **Ontario Bike Summit**

May 28-29, 2013

Registration for the 2013 Ontario Bike Summit: "Cycling Matters" -- is now open! Join hundreds of municipal and provincial representatives from across North America to learn about best practices at one of Canada's premier cycling conferences.

Join the Share The Road Cycling Coalition on May 28-29th at the Hyatt Regency Toronto with speakers who will inspire and shape the future of cycling in Ontario.

There will be two days of cycling related info lined up featuring:

- Keynote speaker Gabe Klein, Chicago Transportation Commissioner on the transformation under way in Chicago that has the attention of cities across the U.S.
- An address by Nancy Olewiler, Translink BC Chair who will talk about that agency's approach to mutli-modal transportation, and the active transportation legacy of the Olympics in Vancouver
- An exciting line-up of workshops with examples from urban, suburban, and rural environments.
- The 2nd Annual MPP Reception at Queen's Park
- The Celebration of Cycling Evening at Steam Whistle – including the retailer and advocacy awards!
- Plus many more speakers, networking opportunities, and more.

To register go to: <http://www.sharetheroad.ca/2013-ontario-bike-summit-p153128>

### **OSCC Weekly Events**

These are the club's weekly events that we have set up so far. There may be changes as the season gets under way and we see how much activity there is for events. We hope to have special one time events during the summer. Look for information on the website and calendar.

Monday 6:00 pm - Recreational Ride - Alternates between Parking lot behind Greyfair & Williamsford Rec. Centre

Monday 6:00 pm - Kids' Road/MTB TT - Various locations

Tuesday 6:15 pm - Women's Road Ride - Bikeface

Weds. 6:30 pm - Time Trials - Various locations

Thursday 6:15 pm - Beginner MTB Ride - Bikeface

Friday 5:30 pm - Beginner Road Ride - Bikeface

Saturday 8:00 am - MTB Ride - Bikeface