

OSCC RISK MANAGEMENT PLAN - 2019

Cycling can be a dangerous activity. The Owen Sound Cycling Club (OSCC) has developed this Risk Management Plan to document how individual OSCC rides are to be managed to reduce risks associated with cycling activities. These policies are to be practiced by OSCC members, and any visiting riders (as permitted by Ontario Cycling Association rules), during every OSCC ride. All OSCC members, and any permitted visiting riders, share the responsibility for making OSCC rides as safe as possible.

This Risk Management Plan (RMP) will be reviewed by the Board each year at the time of club affiliation and amended as necessary before submission to the Ontario Cycling Association as part of the club affiliation protocol. The updated document will be posted on the OSCC website and all OSCC members will be notified electronically to review the RMP and any related club policies such as Ride Guidelines.

Definitions

OSCC rides mean rides formally organized by the OSCC and as described on the OSCC website.

OSCC Incorporation: The OSCC was incorporated on April 23, 1990.

OSCC Insurance: While undergoing the OSCC member registration process, each OSCC member purchases General Liability Insurance coverage provided through the Canadian Cycling Association (CCA) and their affiliation with the Ontario Cycling Association (OCA). General Liability Insurance is designed to protect a person (OSCC member) or any entity (Province, Club, Canadian Cycling Association) against any legal responsibility arising out of a negligent act or failure to act as a prudent person would have acted, which results in bodily injury or property damage to another party. OSCC members should familiarize themselves with the terms of the insurance coverage. The coverage details may be accessed through the **cyclinginsurance.ca** website.

The OSCC must receive signed insurance waivers from each OSCC member; membership is not assigned or granted until a signed waiver is received by the OSCC. Completion of a waiver is part of the online member registration process.

Standards of Care

This Risk Management Plan and all OSCC programs and rides shall adhere to the following, as applicable:

- UCI, CCA, CC rules and regulations as they pertain to OSCC Rides,
- Provincial Highway Traffic Acts across Canada while on OSCC Rides, all OSCC members must adhere to and obey all rules of the road as per the Provincial

Highway Traffic Act.

- Most OSCC rides take place within Ontario and the Ontario Provincial Highway Traffic Act will apply to all OSCC rides within Ontario. The Ontario Highway Traffic Act is available here: <https://www.ontario.ca/laws/statute/90h08> . On occasion, local by-laws may also apply and must be adhered to.

Ride Management

General:

- All members of the OSCC are responsible for bringing forward to the OSCC Board any safety issues related to OSCC Rides which present themselves throughout the riding season.
- While on OSCC Rides, all OSCC members must adhere to and obey all rules of the road as per the relevant Provincial Highway Traffic Act (Ontario PHTA for OSCC rides in Ontario).
- Any OSCC member on an OSCC Ride should immediately advise the Ride Leader(s) and other members of the ride, should the member feel the group or individuals in the group are riding in an unsafe manner. The member should withdraw from the ride if they feel unsafe.
- All participants of the OSCC Rides must provide proof of membership in good standing prior to each ride, if requested by the Ride Leader(s). If an ineligible rider insists on participating even after being asked not to, then the OSCC Ride may proceed, however, the Ride Leader shall advise the ineligible rider, with a witness present, that he or she is ineligible and is not covered by any OSCC insurance and is responsible for all his/her actions.
- Each OSCC Ride participant will conduct themselves in a responsible manner and retains liability for their own actions.

Safety:

- Helmets **MUST** be worn at all times while riding on a bicycle during OSCC activities.
- Ear “buds”, headphones, hands free phones, portable sound systems etc. are not appropriate or necessary for club group rides and may contribute to unsafe conditions during club group road rides. Members must not use these when participating in a club event (including time trials).
- Triathlon and Time Trial bicycles are not appropriate or necessary for club group road rides and may contribute to unsafe conditions, in pace lines. Therefore, dedicated Triathlon and Time Trial bicycles are not allowed to be ridden at club

group road rides. Members who have modified road bicycles with “clip on” aerobars, must stay out of the aerobars when riding in a club road ride pace line.

Ride Leaders:

- A ride leader will be appointed by the OSCC Board for each OSCC ride.
- The ride leader(s) will identify himself/herself to the group, make everyone aware that they are coordinating the ride and advise participants that it is an OSCC ride.
- Ride leaders will carry cell phones for emergency use on all OSCC rides that they are responsible for and will, from time to time, remind riders to carry their own cell phones on OSCC rides. Riders should immediately call 911 in the event of an emergency.
- Ride leaders will carry minimal first aid kits and are encouraged to maintain up to date CPR/First Aid training, for which the OSCC may provide compensation.
- The ride leader may describe the general ride route (including defining regrouping points and turning directions at major intersections), and may provide a brief safety tip at the commencement of the ride.
- When an OSCC ride is broken up into smaller groups (for safety purposes), each individual group may not have a ride leader.
- The ride leader(s) has the final decision on all matters pertaining to the OSCC ride they are leading and his/her decisions must be respected by all participants.
- The ride leader may appoint a designate should the ride coordinator be unable to attend an OSCC ride.

Ride Participants:

- OSCC members are responsible for ensuring that their bicycle is in good working order before attending each OSCC ride.
- Bicycle helmets must be worn at all times while participating in any OSCC ride and other protective equipment is strongly encouraged (e.g. gloves, eye wear).
- Front and rear lights are required during any OSCC ride which takes place one half hour before sunset and /or which may extend into darkness.
- While trail riding all riders must be courteous and considerate of other trail users and the trail system.
- OSCC members are responsible for ensuring they are sufficiently fit for their

desired activity based on the ride description on the OSCC website.

- OSCC members are responsible for bringing sufficient liquids and food, as required, for each OSCC ride, as well as appropriate tools, spare tubes, etc.
- OSCC members must not be under the influence of any drug or beverage product that could impair their riding judgment while on an OSCC ride.
- OSCC members are responsible to ensure that their bicycles and riding practices are in accordance with the Ontario Highway Traffic Act

Rides:

- OSCC rides on roads will be planned to use lesser-travelled roads and roads with paved shoulders/bike lanes where possible and practical.
- OSCC rides will not run if lightning is present but when questionable weather develops during a ride, the ride route may be modified to allow quick return to the ride starting point.
- When a large number of riders come out for any given OSCC ride, the riders will be encouraged by the ride leader to break into smaller groups. A size of 6-12 is a reasonable group. These planned groups should be at least 100 meters apart on the road to allow other vehicles to pass each group safely as a separate manoeuvre.
- Riders must not be left behind during an OSCC ride unless they first confirm with the ride leader(s) that they are detaching from the group; all members of the OSCC ride are responsible for ensuring they properly notify the ride leader(s) if they are detaching from the group.
- Any and every accident on an OSCC ride shall be immediately reported to an OSCC Board member to be reported to the Ontario Cycling Association through the proper reporting procedures using the approved forms (here is the link to the OCA Forms where you can scroll down to the Incident Report <http://www.ontariocycling.org/events-organizers/events-forms-literature/>). This form **must be completed in full**. Additional information including witness statements, photos of the scene etc. are very helpful to ensure full reporting in a timely manner.
- For non-OSCC riders wishing to try-out an OSCC ride, waiver forms may be available at the beginning of each club ride. Proof of Ontario Cycling Association (OCA) membership will be required (Citizen Permit, UCI or Affiliate Club Membership). Note that prior approval by the OSCC is required.
- For non-OCA members wishing to try-out an OSCC ride, the OSCC **may** (from time to time) schedule and announce designated try-out dates where an individual can try out the club on a one-time basis. Prior notification is required

and a waiver and sign-in form will be required prior to participation.

Skills Development:

- The OSCC encourages all riders to be comfortable and somewhat proficient with group riding prior to joining an OSCC ride.
- To support rider skills development, the OSCC will periodically hold skills development programs for road riding and/or mountain biking and encourages all club members to attend these programs and/or other cycling skills courses.

Waivers:

- All OSCC members must complete the Ontario Cycling Association (OCA) waiver prior to obtaining membership. This can be done through the provincial membership registration site (CCN). Physical waivers may be approved with prior consent. Physical waivers for participants under the age of 19 are required to be sent in to the OCA office, completed by a parent or legal guardian prior to membership being issued.